

**GAMBLING**

**UNDERSTOOD**

**GAMBLING  
WITH  
LIVES**

### **WHAT WILL I LEARN?**

What gambling harms are, what can cause them, how to spot them, how to sensitively have the conversation with someone who may be experiencing harms and to signpost them to further specialised support

### **HOW DO I BOOK?**

Directly with Gambling with Lives via the Eventbrite link attached in the email

### **DO I NEED ANY PRIOR KNOWLEDGE?**

There is no prior learning required for attending but person centred skills such as active listening will assist your learning

### **CAN MY COLLEAGUE ATTEND?**

Contact your gambling harms lead as places are currently restricted and by invite only

### **BLOCK THREE SESSIONS**

05/09 09:30

09/09 09:30 & 13:30

11/09 09:30 & 13:30

13/09 13:30

16/09 09:30

17/09 09:30 & 13:30

19/09 09:30 & 13:30

20/09 13:30

### **WHO IS THIS TRAINING FOR?**

Professionals in a position to open a conversation and signpost someone experiencing gambling harms to specialised treatment.

### **WHAT CAN I EXPECT?**

A 3hr online interactive session requiring active participation in sample scenarios and skills testing

### **WHO WILL PROVIDE THE TRAINING?**

The Gambling Understood training will be externally facilitated by Gambling with Lives. They are a lived experience led charity formed and informed by families bereaved by gambling related suicide

### **WILL THERE BE MORE SESSIONS?**

There will be no more sessions offered as part of this training package. Digital resources will still remain available and you may be informed if further training is made available

**GAMBLING AFFECTS MILLIONS IN THE UK  
ONLY 1 IN 200 ACCESSING SUPPORT  
EVERY CONVERSATION IS A CHANCE FOR INTERVENTION**