

# Boloh



**Call the helpline for advice if you're unsure what to do when your child may have a chest infection.**

There will be lots of chest infections in young children this winter. **Be prepared.** Most children can be safely looked after at home, but sometimes they will need NHS support.

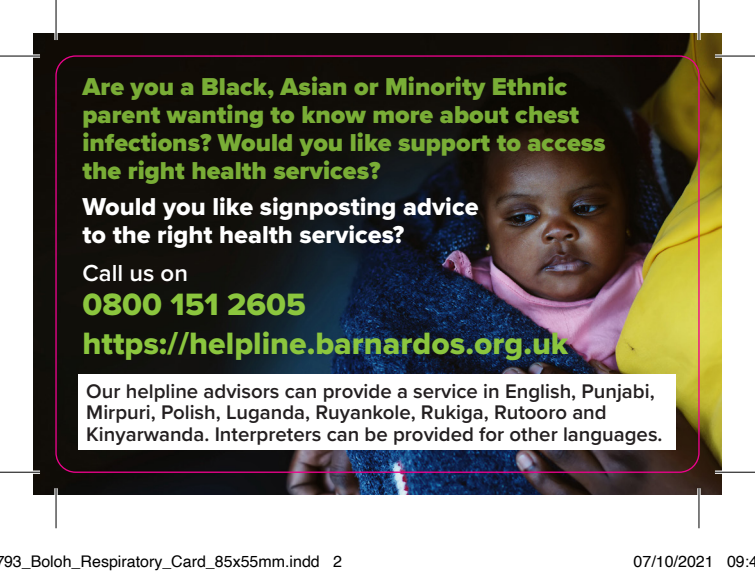
Find out more at:

**<https://what0-18.nhs.uk>**

**Most cases resolve by themselves and can be safely managed at home**

**Call NHS111 or your GP if you have symptoms you are worried about**

**Go to A&E or call 999 in an emergency**



**Are you a Black, Asian or Minority Ethnic parent wanting to know more about chest infections? Would you like support to access the right health services?**

**Would you like signposting advice to the right health services?**

Call us on

**0800 151 2605**

**<https://helpline.barnardos.org.uk>**

Our helpline advisors can provide a service in English, Punjabi, Mirpuri, Polish, Luganda, Ruyankole, Rukiga, Rutooro and Kinyarwanda. Interpreters can be provided for other languages.