



# Butterflies Mums

## Volunteering Opportunity

Butterflies Mums are looking for volunteers to offer friendship to other mums and their families, by sharing their own parenting experiences. This is an exciting opportunity for you to get involved with a pioneering local organisation and gain some valuable experience.

### About us

Butterflies volunteers help parents by sharing the joys and challenges of their own parenting experiences. The project is a community led peer support service that encourages mums to seek help without any judgement. Butterflies Mums help parents to grow in their confidence, strengthen the relationships with their children and widen their social links.

### The skills we are looking for in you

- The ability to listen and empathise
- Parenting experience
- Awareness of the needs of children
- Ability to commit to 2 hours per week

### What we can offer you

- Training opportunities
- Transferable skills
- Ongoing support
- Personal development

If this sounds like you, get in touch.

For more information or an application form please contact Sara Wagstaff by emailing - [sara.wagstaff@centre4.org.uk](mailto:sara.wagstaff@centre4.org.uk)

*Closing date 28.03.21*