



Peggy's



TRUSTEE ROLE DESCRIPTION

Peggy's is soon to be born.

Peggy's Charitable Incorporated Organisation (CIO) (registration pending) is currently in the process of seeking suitable people to be involved as trustees to support the development of the charity.

Peggy's purpose is to support families living with dementia, older age and frailty in North Lincolnshire, not dependent on age or on a formal diagnosis. Peggy's wishes to provide a positive element to people's lives and meet the unmet needs for those newly diagnosed and continued support along the progression of the illness.

What Peggy's wishes to provide: -

- **Peggy's Place**
Facilitated by Specialist Dementia Nurse and offering peer support, advice, signposting, discuss care options, financial guidance, and education for families. Assistance with practical day to day activities such as help with completing disability forms and bladder card applications.
- **Keeping Busy at Peggy's Day care facility**
Day time activities for people with dementia or loneliness who require occupation to maintain wellbeing, at the same time offering carer break. Peggy's day services are aimed at people in the earlier stages of dementia which we refer to as Sapphires, Diamonds, Emeralds and Ambers. Each Gem in the right setting (environment) can shine (www.teepasnow.com)
- **Counselling**
Support for people newly diagnosed from a qualified counsellor.
- **Family carer support**
Availability of specialist Dementia Nurse with over 20 years' experience of supporting families living with dementia from pre-diagnosis to, and after bereavement.
- **Day Trips**
Supported outings for person with dementia and their carer.
- **Transitions in Care**
Peggy's will assist people to identify the support required at different stages, working with care provider Peggy's World CIC, and/or other organisations. When a person's needs change, Peggy's will help to facilitate an ongoing care partnership and reduce pressure on families.

- **Promote Positive Approaches to Care**

Actively encourage the use of Teepa Snow GEMS model of care (www.teepasnow.com) to support people living with dementia and their family care partners to enable individuals for the best that they can be. To support the recognition of needs and levels of ability to access the right care and support at the right time, and signposting to where this may be realised.

- **Awareness Raising**

Dementia Friends Sessions available and attendance at community events to promote engagement and enable fundraising opportunities.

As trustees we need people with:-

- Positive attitude towards dementia care and older age.
- Personal experience *of supporting a person living with dementia*, would be beneficial but not necessary
- Empathy with the physical and mental health needs of the families Peggy's supports.
- Be accepting of training in the GEMS model of care *as described above*. Our aim is to include our trustees as very much part of our team at Peggy's.
- Provide at a minimum a monthly amount of time of 3 hours to attend meetings. We envisage most meetings to be held in the evening in Scunthorpe and can facilitate video links.
- We are especially interested in applications from people that have experience or skills in one or more of the following areas:-
 - Fundraising
 - Marketing and Social media
 - Finance and charity requirements.

Other

At Peggy's it is important to us that we all share an understanding of the philosophy and aims of the CIO and partners to enable us to meet the needs of families and to support employees and volunteers. We will provide an induction and training to trustees to outline roles and responsibilities, and organisational structure.

Trustee roles are carried out on a voluntary basis, although we can provide reasonable out of pocket expenses.

Applications will be made available via Peggy's World CIC website (www.peggyworldcic.co.uk), by post, or electronic. All applications will be treated with the utmost confidence.

If you would like any further information, or to arrange a visit please contact Amanda Brock on 07960 407188.